

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>CLINICAL REHAB</b> FORMALLY TERMED CLINICAL PILATES	9.45am 11.00am 12.15pm 5.30pm	6.30am 8.30am 12.30pm 5.00pm 6.15pm 7.00pm	10.00am 10.45am	3.40pm 5.00pm 6.30pm	9.45am 10.30am	
	<b>HYDROTHERAPY</b> Ascot Vale Leisure Centre, Epsom Rd & Langs Rd Ascot Vale		1.30pm			12.30pm	

# Class Timetable

Symmetry Ascot Vale  
9372 8155