

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>CLINICAL REHAB</b> FORMALLY TERMED CLINICAL PILATES	10.00am	10.00am 6.30pm	10.00am 7.15pm	9.15am 10.00am 6.30pm		
	<b>GLA:D</b>		11.00am			10.00am	
	<b>HYDROTHERAPY</b> The Lakes Health and Fitness	12.30pm		12.30pm		12.30pm	

# Class Timetable

Symmetry Taylors Lakes  
9390 8488