




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>CLINICAL REHAB FORMALLY TERMED CLINICAL PILATES</p>	6.10pm 7.00pm	6.10pm		9.10am 2.10pm 7.00pm	12.10pm
 <p>FALLS and BALANCE ONSITE</p>			11.00am (fortnightly) 1.00pm		
 <p>HYDROTHERAPY Bayfit Leisure Centre</p>					12.00pm

Class Timetable

Symmetry Altona Meadows
9360 9744