





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>CLINICAL REHAB FORMALLY TERMED CLINICAL PILATES</p>	5.00pm 5.45pm 6.30pm	9.15am 5.45pm 6.30pm	5.45pm 6.30pm 7.15pm	9.15am 10.00am 6.00pm	11.00am 5.00pm	9.45am
 <p>FALLS AND BALANCE</p>					9.00am	
 <p>GLAD</p>	4.00pm	6.30pm		5.00pm 6.00pm		
 <p>HYDROTHERAPY Aquapulse Wyndham</p>	12.30pm		12.30pm		12.30pm	

Class Timetable

Symmetry Hoppers Crossing
9369 4999